

## SPECIAL OCCASIONS

If you have a special occasion you want to celebrate or just need more room to relax with your family, then please ask a nurse on your team if you can use the conservatory.

## FOOD and DRINK

Soft drinks are available on the hospice for children; please ask a nurse or volunteer.

The dining room is open Monday to Friday 10 am—2 pm

The WRVS shop in the Out-Patient Dpt sells sweets, drinks and stationary. Open Mon & Frid 10 am – 12 pm  
Tues, Wed, Thurs 10 am – 4 pm

## OTHER PEOPLE WHO MAY HELP

Let us know if you would like us to contact you:

- Community Specialist Nurse
- Health Visitor
- School nurse
- District Nurse

## OTHER AGENCIES

The Community Child and Adolescent Mental Health Service (CAMHS) runs a counselling service.

To access this service, a referral should be made through school or through your G.P.

The CAMHS team are also available for advice over the phone on Tel: 553 5504.

## WEBSITES

You may like to look at some websites that have been set up to support children and teenagers.

Winston's Wish is an organisation set up to support young people through illness and bereavement. It has helpful information on talking to children about serious illness.

[www.winstonswish.org.uk](http://www.winstonswish.org.uk)

# ST BENEDICT'S HOSPICE



## YOU AND YOUR CHILDREN

*Resources to help you*

## COMING INTO THE HOSPICE

We would like to welcome you and your family to St. Benedict's Hospice.

## HOSPICE STAFF

### NURSES

The hospice nurses work in two teams:- Blue and Red. On admission to the hospice you will be allocated a named nurse from one of these teams. Your named nurse will involve you in all decisions regarding your care and will be available to answer any questions that you or your family may have.

Your named nurse will be able to help you/ put you in touch with any other members of the team listed on this leaflet.

### DOCTORS

The hospice team of doctors includes Consultants and doctors who are training to be Specialists under careful supervision. Although we are here to help you and your medical problems, we also want to help your family.

This means we will make time to talk to your children, using ordinary words, about what serious illness means, how it affects people and what happens when someone dies.

If you would like us to help in this way, or in any other way, please ask.

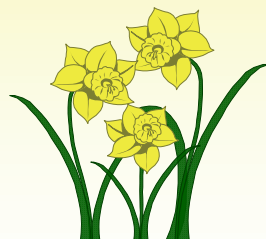
### CHAPLAIN

Children can usually be relied on to ask those difficult questions. If you would like help in discussing their questions or your children would like to talk through their thoughts, then the Hospice Chaplain will arrange a time to meet with you.

### SOCIAL WORKERS

The social work team works with families to support children whose parents or relatives are receiving palliative care. The care is based on a social work assessment which includes an assessment of the family's needs. Some children may also be carers and may benefit from an assessment in their own right.

Different types of help are available from the team. A social worker can provide information about palliative care and services and support available. Practical and emotional help at home or in connection with school can also be arranged. Some of the services are provided directly by the social work team; other services can be arranged from our specialist children and families team or independent service providers.



## RESOURCES

We have a collection of books and leaflets that help to support children through a time of their parents illness. You are welcome to browse through our resource pack and keep any resources you find helpful.



Toys and activities for children aged between 3 months and 16 years are available in the conservatory or the large cupboard outside Thompson Room.

Children can take toys to the bedside or stay in the conservatory to play but they must be supervised by a responsible adult. A PSP is available; just ask the chaplain.

